



When you wish
upon a star

Laps for Lapland 2026

**Your guide to making
Christmas magic happen**

Walk, run, wheel, skip or dance for wishes
this December!

Welcome

Thank you for signing up to Laps for Lapland.

By taking part, you're helping us bring the magic of a Lapland wish to children living with life-threatening and terminal illnesses, creating precious moments of joy, wonder and togetherness when they are needed most.

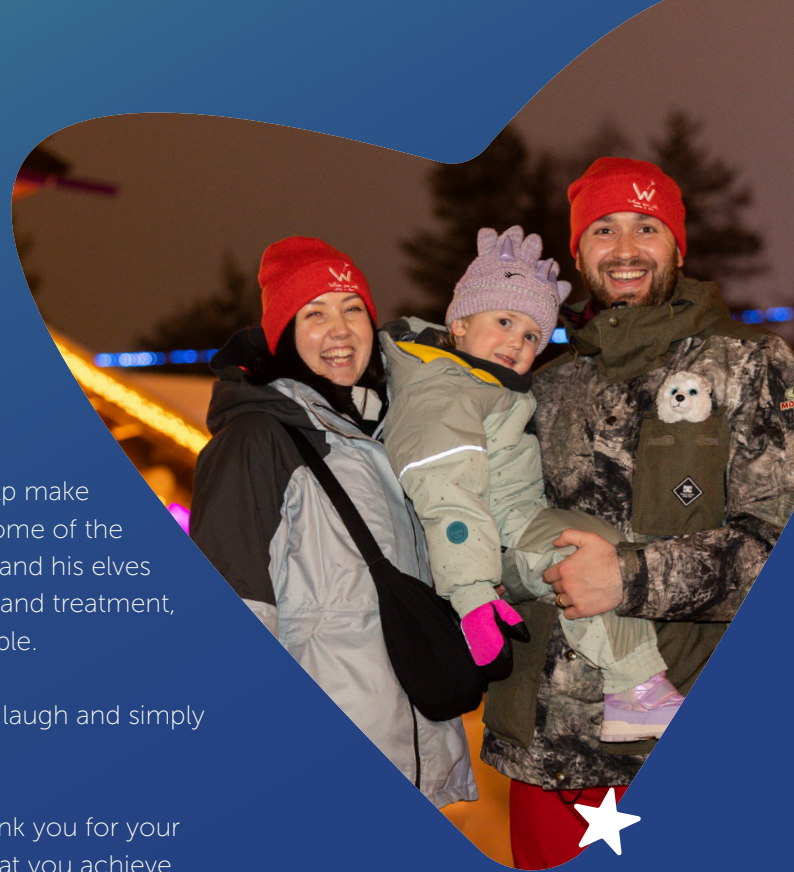
Every lap you complete and every pound you raise will help make unforgettable memories for children and families facing some of the most challenging times of their lives. From meeting Santa and his elves to sharing special moments together away from hospitals and treatment, your support helps make these magical experiences possible.

Together, we can give more children the chance to smile, laugh and simply be children.

On behalf of everyone at When You Wish Upon a Star, thank you for your kindness, dedication and support. We can't wait to see what you achieve.

Thank you.

The When You Wish Upon a Star Team



After nine months of cancer treatment, Martha and her family got to experience the magic of playing in tummy-deep snow in Lapland!

Madeleine takes a snowmobile for a ride in Lapland!



Why it Matters

Your fundraising will help to send five families on an unforgettable trip to Lapland!

This December, When You Wish Upon a Star is taking wish families on a magical trip to Lapland. We are hoping for all Laps for Lapland participants to collectively raise £20,000 to help make this possible. Your fundraising will make a real difference this December.

Thank you for helping to make five magical wishes come true this Christmas!

Amy's Story



"I had brain cancer when I was two years old, and I was fortunate to attend a group organised trip to Lapland when I was three years old.

I love to rewatch the recording with my family and it's a really special moment to reflect back on for me. One of the funniest moments that actually wasn't caught on camera was when one of the rein-deers threw me off the sleigh, which my family still laugh about today!

Having had a childhood illness at an early age had a long-term impact on both my physical and mental health, and the opportunity to attend such a magical event was amazing.

It gave us all a chance to enjoy being a child again at such a crucial time in our development when facing such adverse experiences. While I'm extremely lucky to be where I am today, 22 years later, unfortunately some of the children I attended the trip with weren't so lucky or fortunate.

I want to thank When You Wish Upon a Star for their amazing work, helping children, young people and their families through some of the hardest life experiences. I'll forever be grateful to have had the opportunity to attend such a magical event, and I want to help When You Wish Upon a Star to help more children and families like mine."

Sisters Eliza and Odette got to meet Santa and received special gifts to take home.







Get Everyone Involved!



Make your Laps for Lapland challenge even more fun by getting friends, family, colleagues or your local community involved.

Schools and Nurseries: Set a lap target and see how many laps you can complete together.

Workplaces: Get colleagues involved and complete your laps together as a festive challenge, or create some friendly competition between teams or departments.

Families: Choose your distance and get out together for a festive walk this December.

Friends: Get a group together, set a shared target and challenge each other to keep going.

Community groups: Bring everyone together and turn your challenge into a fun festive event. Perfect for sports clubs, dance groups, choirs, Scouts and Guides, WI groups, walking groups and local community groups.

Share your **Enthuse team page** invite with friends, family, colleagues or anyone you'd like to join you and fundraise together. The more people who take part, the more wishes we can help make come true!

Get started today

Tips for making your Laps for Lapland magical!

- **Create a fun team name** and get everyone involved (see page 5 for more tips on how to do this).
- **Plan your route.** Do a quick recce beforehand and choose a route that's suitable for everyone taking part.
- **Put safety first.** Stick to well-lit routes, take extra care near roads and crossings, check the weather and make sure everyone has suitable clothing and footwear.
- **Get festive!** Wear your Santa hat and dig out your favourite Christmas jumper.
- **Create the ultimate Christmas playlist.** Give someone the important job of choosing the tunes that will keep everyone going!
- **Celebrate your achievements.** Use the stickers in this pack to celebrate your amazing achievements!
- **Share your challenge.** Take photos and videos along the way and tag [@whenyouwishuk](#) so we can see your incredible Laps for Lapland challenges!

Most importantly, have fun, look out for each other and enjoy making a difference this Christmas.

Run, walk, wheel, skip or dance to help make magical Lapland wishes come true for seriously ill children.







Stevie and her mum being taken for a ride by Santa's reindeer!

Ready to Sleigh it?

1. Personalise your fundraising page

When you sign up, your Enthuse fundraising page is automatically created for you. Once you receive your confirmation that it's ready, add your photo, story and fundraising target to make it your own.

2. Invite your team members

Taking part as a team? Share your team invite with your friends, family, colleagues or classmates and get everyone signed up!

3. Make your first donation

Kick-start your fundraising with a donation of your own. It shows your supporters you're committed and encourages others to get behind you.

4. Share your page

Send your fundraising page to friends, family, colleagues and your wider community with a personal message asking them to donate and make a difference this December.

5. Start your laps

Now it's time to get moving! Complete your laps throughout December and share your progress, milestones and achievements with your supporters.

If you have any questions or need help with your Laps for Lapland challenge, our fundraising team is here to help:

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