# Arctic Wish Trek Package 2026



# **Breaking Strain Events**

## <u>Pre Trek</u>

www.breakingstrain.co.uk/arctic-trek/

Breaking Strain Events will be with you every step of the way through your trekking journey offering help, advice and support.

## <u>Virtual Information sessions for participants</u>

Introduction to the trek
Kit & training
Cold weather injuries and on trail safety \*

\* Please note there will be a recap on "cold weather injuries and on trail safety" in the mandatory safety briefing in Finland the day before your trek begins \*

## **Communication**

BSE offers email, phone or WhatsApp support for all participants

# Included in the Trek

#### <u>6 days inclusive travel</u>

3 days/2 nights trekking 65km in Northern Finland with camping out on trail

#### <u>Catering</u>

All meals on non-travel days whilst in Rovaniemi are fully catered for (breakfast, lunch & dinner) and breakfast, packed lunch and evening meal are provided when on trail.

Celebration meal when the hard work is over

#### <u>Guides</u>

Guides from local Finnish company Roll Outdoors
UK based guide/s from Breaking Strain

#### Fully risk assessed route

with safety provision in form of first aiders, snow mobile and 4x4 transport

#### **Equipment\***

Included: Provision of pulk, hauling system, snow shoes, harness and two-person tent

\*Required by trekker to provide: Comprehensive mandatory kit list will be issued on sign up

<u>"Finnishers" Medal</u>

# Included in package

## <u>Flights</u>

All flights and transfers in country to and from the airport

UK departing airports for The Arctic Wish Trek 2026 Subject to availability and flight routes at time of booking

#### **Example Flight Route for Trekkers:**

Scotland/ Northern Ireland: Edinburgh - Helsinki or London Heathrow - Helsinki - Rovaniemi England & Wales: London Heathrow - Helsinki - Rovaniemi \* please note travel days will include multiple flights \*

### <u>Hotel & Tent</u>

Rooms are on a twin sharing basis so if you were joining as an individual you would share a room with another trekker who you would then share a tent with on trail

### <u>Suitable 3\* hotel in Country</u>

Original Sokos Rovaniemi (2 persons sharing)

### Financial protection

Breaking Strain are ATOL holders

